

## COVID Green: Low Risk of COVID-19 Spread

General Public	Outside the Home – Work, Social, In Public	At Home
Physical Distancing	<ul style="list-style-type: none"> <li>No distancing, resumption of normal work and community life</li> <li>Follow <a href="#">CDC Travel Guidelines</a></li> </ul>	<ul style="list-style-type: none"> <li>No distancing for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li> <li>Quarantine and testing of symptomatic persons</li> </ul>
Face Masks	<ul style="list-style-type: none"> <li>No face masks for healthy people</li> </ul>	<ul style="list-style-type: none"> <li>No face masks for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li> <li>Face masks for symptomatic people</li> </ul>
Hand Washing	<ul style="list-style-type: none"> <li>Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating</li> <li>Use hand sanitizer when handwashing is inaccessible or infeasible</li> </ul>	<ul style="list-style-type: none"> <li>Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/ touching face, or before eating</li> </ul>
Illness Monitoring	<ul style="list-style-type: none"> <li>If ill with Flu-like or COVID-like symptoms, <b>Stay at Home</b></li> <li>Minimize contact with symptomatic people</li> </ul>	<ul style="list-style-type: none"> <li>Be aware of COVID-like symptoms</li> <li>Contact medical care provider if you have COVID-like symptoms</li> </ul>
Disinfecting	<ul style="list-style-type: none"> <li>Increased awareness of germ transmission through high contact surfaces</li> <li>Incorporation of COVID-19 disinfection practices for high touch surfaces</li> <li>Avoid bare hand contact with any high touch surface</li> <li>Use barrier such as paper towel or clothing when bare hand contact is unavoidable</li> <li>Wash hands or apply sanitizer after touching high contact surfaces</li> <li>Normal disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures)</li> </ul>	<ul style="list-style-type: none"> <li>Increased awareness of germ transmission through high contact surfaces</li> <li>Normal disinfection practices, with consideration for high contact surfaces (door/other handles, light switches, bathrooms)</li> </ul>
<b>At-Risk or Vulnerable Population</b>	<p><b>For older adults, people with underlying health conditions, and other populations at heightened risk from COVID-19</b></p> <ul style="list-style-type: none"> <li><b>You do not have to stay home at all times but should continue physical distancing when possible in public settings.</b></li> <li><b>Cautious expansion of interactions with others, reengage in small social settings, outdoor activities preferred</b></li> <li><b>Avoid large group settings and events with many people</b></li> <li><b>Wear a face mask around others</b></li> </ul>	